



**Mind.Body.Soul**

**Helping Our Heroes Stay Strong**

**Tuesday, March 20, 2018**

**Fox Valley Tech's Public Safety Training Center  
County BB (Prospect)**

Join us as we raise awareness and learn about the trauma and challenges our Veterans, Firefighters, Police Officers and EMS face each day. Find resources and educational tools to assist those who Serve, their families, and our community.

Event will run from 11:00a-8:00p Address is W6400 County Road BB Appleton, WI 54914

**Resource Fair \*\*\*\*\* 11a-7p**

50 topic specific & local support organizations

**Opening Remarks \*\*\*\*\* 11:00a and 4:00p**

This will include introductions of Guest Presenters and Key Note Speaker

**Breakout Sessions \*\*\*\*\* begin at 11:30a, 1:00p and 4:30p**

Four informational and experiential sessions offered. Attend one or more.

**Opus Peace-** This national organization provides programs and solutions that respond to soul injury, unmourned grief and guilt that may develop during service or post-service

**Code 9 Project-** A national organization providing support, educational and resources to Command Staff, First Responders and their families

**Camp American Legion-** Serves injured and disabled veterans needing physical therapy and peaceful rest in Lake Tomahawk.

**The Highground-** This 155-acre memorial park in Wisconsin provides healing and education for all who come regardless of the battle which left the scars.

**Almost Sunrise \*\*\*\*\* showing at 2:15p & 5:45p**

View this award winning story of resilience and recovery. This powerful, moving documentary follows two Iraq Veterans who deal with stress and challenge in civilian life. *"Groundbreaking...a thought provoking journey from beginning to end."* – Examiner.com

**QPR Training \*\*\*\*\* begins at 5:45p**

**Question, Persuade & Refer** - Learn 3 simple steps anyone can learn to help save a life from suicide.